

Height Safety

060WH1 Work safely at heights (1 Day)

Nominal Course Duration

1 Day. Public courses start at 8.00am and are usually completed by 4.00pm, dependent upon the learning abilities of the participants.

Maximum Students

12

Description

This is the course everyone needs to have when they are considered to be working at height. Working at heights simply means when a worker can fall from one level to another and sustain an injury as defined in the WHS Act. This course is also the prerequisite for many higher levels of heights training.

Persons who complete working at heights training should complete refresher training at intervals no greater than 12 months to maintain industry competency levels.

Training Subjects & Practical Exercises

- Relevant sections of the 2011 WHS legislation
- Safe Work Australia Work Safely at Heights Code of Practice
- Australian Standards references
- Height safety hazard identification, risk assessment and risk control
- Fall safety
- Types of height work (slopes, pitched roofs, brittle/fragile roofs, ladders, EWP, etc.)
- Forces & fall categories
- Fall restraint & fall arrest
- Emergency plan & rescue systems (includes practical simulated rescue of a suspended person)
- Fall protection equipment

Training & Support Material

- Height Safety Training Manual
- Safe Work Australia Work Safely at Heights Code of Practice
- Height Safety Document Templates
- Lunch is provided for public courses

Course Pre-requisites

- Nil

Pre Entry Requirements

- Participants require sufficient literacy and numeracy levels to read and interpret policies and procedures, safety data sheets and sample permits.
- Participants will need the physical ability to perform some strenuous activities in the practical exercises.

Assessment

Assessment includes written questionnaires, practical demonstrations, oral questioning and participation in group activities or teamwork.

Vocational Outcome

Combined Training & Consulting Pty Ltd t/a CTC Safety will award successful participants with a Statement of Attainment in:

- **RIIWH204D Work safely at heights (issued by RTO 91141)**

Course Information

Public Courses

Regular public courses are run at our venues in Emu Plains - Sydney, Edgeworth - Newcastle, Botany - Sydney, Wyong - Central Coast and Coniston - Wollongong. Please see our public course schedule at www.ctcsafety.com.au.

Group Bookings & Onsite Training

The training can be delivered for a group at one of our training facilities or on site at your premises if you have suitable facilities including a training / induction room and access to a suitable practical area. For our training locations please visit www.ctcsafety.com.au

Price

Refer to CTC Safety Standard Price Guide at www.ctcsafety.com.au or call us on 02 9979 7888 to discuss prices and options.

***Group and corporate discounts may apply if your firm is eligible.**

Dress code

Attendees are required to wear suitable work clothes and fully enclosed shoes.

Terms and Conditions

Please refer to www.ctcsafety.com.au for our full training course and booking conditions.

Enquiries and Bookings

You can book your training course online or contact us using the details below;

Combined Training & Consulting Pty Ltd t/a CTC Safety

ABN: 70 060 055 067.

Registered Training Organisation (RTO) # 7053

p: (02) 9979 7888

e: contact@ctcsafety.com.au

www.ctcsafety.com.au